

“Helping with Life’s Challenges”

Psychologists can help everyday people like you who are facing challenges that may be too difficult or different for you to handle.

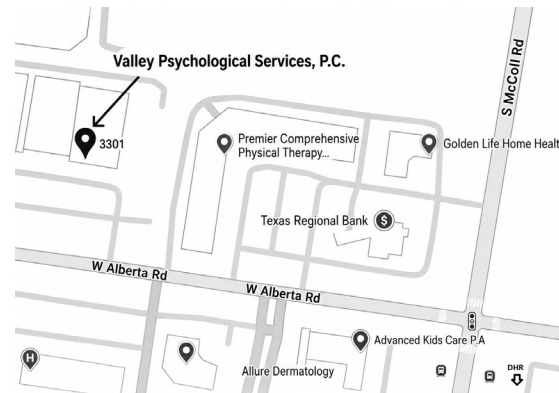
Call now for an appointment.

Telehealth Assessments and Appointments Available

Location

Directions

Just North of the intersection of Dove and McColl, on the North side of Doctors Hospital at Renaissance, in Plaza D'Oro North Entrance



For more information call:
(956) 682-0385

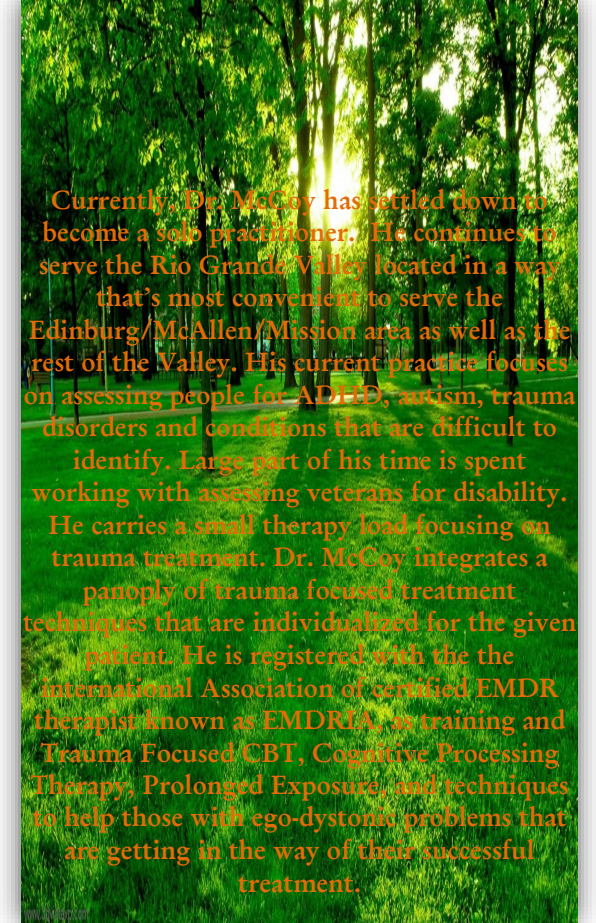
Business Hours

MONDAY–THURSDAY 8:00AM-5:00PM
FRIDAY 8:00AM-12:00PM

Most Insurances Accepted
Medicaid and Medicare Provider

Valley Psychological Services

Hope for Changing Times



Currently, Dr. McCoy has settled down to become a solo practitioner. He continues to serve the Rio Grande Valley located in a way that's most convenient to serve the Edinburg/McAllen/Mission area as well as the rest of the Valley. His current practice focuses on assessing people for ADHD, autism, trauma disorders and conditions that are difficult to identify. Large part of his time is spent working with assessing veterans for disability. He carries a small therapy load focusing on trauma treatment. Dr. McCoy integrates a panoply of trauma focused treatment techniques that are individualized for the given patient. He is registered with the the international Association of certified EMDR therapist known as EMDRIA, in training and Trauma Focused CBT, Cognitive Processing Therapy, Prolonged Exposure, and techniques to help those with ego-dystonic problems that are getting in the way of their successful treatment.



We can help you with:

- Anxiety
- PTSD
- Obsessions/Compulsions/Fears
- Chronic Pain
- Depression
- Relationship Problems
- Serious Mental Illness
- Common Life Stressors
- Most Psychological Evaluations

Client Testimonials

Here is what our clients have to say about our services:

"Walking into the office I always feel welcome and calm. I have found great strength through the services I have received here." ---V.C

"Dr. McCoy helped us in getting all the necessary services for my son to succeed and I'm grateful for all the help he has given us." ---M.H

Specialty Services Provided

- EMDER Certified Provider
- Tailored Seminars

Our Contracted Consultants are:

Joseph H. McCoy Ph.D.

We Serve

- Children
- Adolescents
- Adults

Services provided are:

- Individual Therapy
- Relaxation Therapy
- Trauma- Focused Therapy
- ADHD Evaluations
- Autism Spectrum Evaluations
- Dementia and Memory Evaluations
- Disability Evaluations
- Guardianship Evaluations
- Learning Disability Evaluations
- Neuropsychological Evaluations
- Psychological Evaluations
- Spinal Cord Stimulator Pre- Surgical Psychological Evaluations
- Weight-loss Pre-Surgical Evaluations

Full Bios available
at www.vpsrgv.com

Contact Us!

Valley Psychological Services
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Edinburg, TX 78539

Phone: (956) 682-0385
Fax: (956) 682-0388

Visit us on the Web:
www.vpsrgv.com